



**True Health New Mexico
Formulary Alternatives List
Large Group Plans**

True Health New Mexico wants to help you get the most out of your prescription drug benefit. Being savvy about prescription drugs can save you money. True Health New Mexico provides coverage for brand and generic products in many drug categories. Generic drugs undergo a rigorous approval process by the Food and Drug Administration to ensure safety/efficacy and typically provide the best value and lowest copay. Sometimes the most cost-effective option is an over-the-counter (OTC) product.

True Health New Mexico also provides coverage for a list of "preferred" generic/branded products for several chronic conditions that are available at no copay to True Health New Mexico members. The \$0 copay does not apply to all of our health plans. Members should call Customer Service at 1.855.769.6642 to determine if their plan provides \$0 copay coverage for many chronic conditions.

Additionally, some retail pharmacies (such as Walgreens, Walmart, CVS, etc.) maintain a list of low-cost generics that may result in lower out-of-pocket costs when compared to a prescription copay. This list may help you identify alternatives to drugs that are not on the formulary, are non-preferred, or require prior authorization/step therapy.

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| NONFORMULARY, NONPREFERRED, PRIOR-AUTHORIZATION-REQUIRED PRODUCT NAME | CONDITION | FORMULARY ALTERNATIVES (list is NOT all-inclusive) |
|---|--------------------------------|--|
| Adapalene 0.1% gel | Acne | OTC Differin Gel |
| Aerospan, Alvesco | Asthma | Arnuity, Asmanex, Flovent, Pulmicort, Qvar |
| Afrezza, Apidra, Humalog, Humulin | Diabetes | Novolog, Novolin |
| Bydureon | Diabetes | Victoza, Trulicity |
| Byetta | Diabetes | Victoza, Trulicity |
| Bystolic | High Blood Pressure | Atenolol, Metoprolol, Bisoprolol |
| Celecoxib | Arthritis | Meloxicam, Diclofenac, Ibuprofen, Naproxen |
| Cimetidine, Famotidine, Ranitidine | Gastroesophageal Reflux (GERD) | OTC Ranitidine (Zantac), OTC Famotidine (Pepcid), OTC Cimetidine (Tagamet) |
| Colchicine | Gout | Colcrys |
| Fluticasone Nasal spray, Mometasone Nasal spray, Flunisolide Nasal spray, Dymista Nasal spray | Allergic Rhinitis/ Hay Fever | OTC Fluticasone (Flonase), OTC Triamcinlone (Nasacort), OTC Budesonide (Rhinocort) |
| Fosrenol, Velphoro | Kidney Disease | Auryxia, Renvela |
| Metformin ER (Fortamet or Glumetza generic) | Diabetes | Metformin ER (Glucophage XR generic) |
| Omeprazole, Pantoprazole, Dexilant, Esomeprazole, Rabeprazole | Gastroesophageal Reflux (GERD) | OTC Omeprazole (Prilosec), OTC lansoprazole (Prevacid), OTC esomeprazole (Nexium) |
| ProAir | Asthma | Ventolin HFA |