

True Health New Mexico wants to help you get the most out of your prescription drug benefit. Being savvy about prescription drugs can save you money. True Health New Mexico provides coverage for brand and generic products in many drug categories. Generic drugs undergo a rigorous approval process by the Food and Drug Administration to ensure safety/efficacy and typically provide the best value and lowest copay. Sometimes the most cost-effective option is an over-the-counter (OTC) product.

True Health New Mexico also provides coverage for a list of "preferred" generic/branded products for several chronic conditions that are available at no copay to True Health New Mexico members. The \$0 copay does not apply to all of our health plans. Members should call Customer Service at 1.855.769.6642 to determine if their plan provides \$0 copay coverage for many chronic conditions.

Additionally, some retail pharmacies (such as Walgreens, Walmart, CVS, etc.) maintain a list of low-cost generics that may result in lower out-of-pocket costs, when compared to a prescription copay. The attached list may help you identify alternatives to drugs that are not on the formulary, are non-preferred, or require prior authorization/step therapy.

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NONFORMULARY, NONPREFERRED, PRIOR-AUTHORIZATION-REQUIRED PRODUCT NAME	CONDITION	FORMULARY ALTERNATIVES (list is NOT all-inclusive)
Adapalene 0.1% gel	Acne	OTC Differin Gel
Aerospan	Asthma	Arnuity, Asmanex, Flovent, Pulmicort, Qvar
Afrezza, Apidra, Humalog, Humulin	Diabetes	Novolog, Novolin
Alvesco	Asthma	Arnuity, Asmanex, Flovent, Pulmicort, Qvar
Avonex, Plegridy	Multiple Sclerosis	Betaseron, Copaxone, Gilenya, Rebif, Tecfidera, Tysabri
Bydureon	Diabetes	Victoza, Trulicity
Byetta	Diabetes	Victoza, Trulicity
Bystolic	High Blood Pressure	Atenolol, Metoprolol, Bisoprolol
Celecoxib	Arthritis	Meloxicam, Diclofenac, Ibuprofen, Naproxen
Cialis	Benign Prostatic Hyperplasia (BPH)	Alfuzosin, Doxazosin, Prazosin, Tamsulosin, Terazosin, Finasteride
Epiduo	Acne	Aczone (PA), Fabior (PA), Tazorac (PA), Veltin (PA), adapalene, tretinoin, clindamycin, benzoyl peroxide
Esomeprazole	Gastroesophageal Reflux (GERD)	Omeprazole, lansoprazole, pantoprazole
Incruse Ellipta	Chronic Obstructive Pulmonary Disease (COPD)	Spiriva
Metformin ER (Fortamet or Glumetza generic)	Diabetes	Metformin ER (Glucophage XR generic)
Olopatadine drops	Allergies of the eyes	Azelastine, Cromolyn, Epinastine Drops
Pradaxa	Blood Clotting Disorder	Xarelto, Eliquis, warfarin
ProAir	Asthma	Ventolin HFA
Relpax	Migraines	Sumatriptan, Naratriptan, Zolmitriptan
Tazorac	Acne	OTC Benzoyl peroxide, Topical erythromycin, Clindamycin, Tretinoin, Adapalene
Tudorza	Chronic Obstructive Pulmonary Disease (COPD)	Spiriva
Zolpidem tartrate ER	Insomnia (unable to sleep)	Zolpidem